

FEBRUARY 2023



THEMATIC: GRILLED CHEESE

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Monday	Tuesday	Wednesday	Thursday	Friday
Chicken pie A delicious traditional dish, this pie is made with puff pastry and stuffed with white sauce, chicken, peas and carrots. Accompanied by salad.	Shepherd's pie What to say? This ground beef corn, potatoes your children will love it. Not to forget the ketchup! We accompany it with a slice of bread and veggies of the chef's choice.	Cheese shells In the style of mac 'n cheese, the shells are in a creamy cheese sauce, garnished with Panko providing a little crunch in the mouth.	Steak submarine Baguette bread, steakette, onion and peppers with cheese brown under the grill. Accompanied by a salad of the chef's choice.	10 Planning day
Tuna casserole It's delicious, your children will want more. Tuna, macaroni, mushroom cream and grilled mozzarella.	BBQ pork chops Delicious chops marinated and slowly cooked in the oven. They are served with sliced potatoes and hot vegetables.	Lasagna Meat lasagna, lightly sweetened tomato sauce, shredded cheese on more than one layer au gratin in the oven, it is very popular with everyone, accompanied by veggies.	Chicken burger Chicken breast, fresh hamburger bun from the Boulangerie Georges in Sherbrooke, salad and tomato accompanied by a salad of our choice.	Apple grilled cheese Perfect mix of sweet & salty! This apple and cheddar sandwich will make you salivate.

∅0 n the return envelope please indicate La pomme verte Traiteur, deadline: February 2, 2023

Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
				Planning day
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17

Quantity Credit **Total Price 6.50\$ Payment:** Check #____ Cash Annual agreement Foundation CV Student information First name: Last name: Gluten Grade: PK K Staff Intolerance/ Allergy: Lactose 1 2 3 5 6 Others **Parent information** Vegetarian Phone number: Name:

Email: